



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

SSV Erfurt 02 Männer

Total time: 13:47:32

Number: 63

Speed: 12.18 km/h

Running performance: 4:54 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 40 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 32(of 143)

Männerstaffel

Best time in the category: 10:30:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:38:51	5:36	107	35:23	164	35:23	17.60	1:38:51	5:36	107	35:23	164	35:23
Schildwiese	18.60	1:30:15	4:51	53	21:22	77	22:11	36.20	3:09:06	5:13	85	55:10	124	55:10
Neuhaus	16.00	1:17:10	4:49	35	17:53	40	17:53	52.20	4:26:16	5:06	60	1:12:29	80	1:12:29
Masserberg	17.30	1:27:53	5:04	62	23:09	85	23:09	69.50	5:54:09	5:05	54	1:33:52	71	1:33:52
Allzunah	17.90	1:29:13	4:59	40	21:07	50	21:13	87.40	7:23:22	5:04	47	1:52:23	60	1:52:23
Grenzadler	20.00	1:29:14	4:27	29	17:07	39	17:07	107.40	8:52:36	4:57	39	2:09:30	49	2:09:30
Neue Ausspanne	13.70	1:03:34	4:38	31	14:08	36	14:08	121.10	9:56:10	4:55	35	2:23:38	43	2:23:38
Kleiner Inselsber	13.90	1:08:56	4:57	42	20:03	51	20:03	135.00	11:05:06	4:55	33	2:42:09	42	2:42:09
Hohe Sonne	18.90	1:29:55	4:45	48	18:17	63	20:23	153.90	12:35:01	4:54	30	3:00:19	40	3:00:19
Hörschel	15.00	1:12:31	4:50	53	22:13	64	22:13	168.90	13:47:32	4:53	32	3:16:47	40	3:16:47