



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Arnstadt läuft...

Number: 118

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 13:56:28

Speed: 12.05 km/h

Running performance: 4:57 min/km

Rank in course: 48 (of 230)

Best time in course: 10:30:45

Rank in category: 38(of 143)

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:48:15	6:09	140	44:47	214	44:47	17.60	1:48:15	6:09	140	44:47	214	44:47
Schildwiese	18.60	1:16:44	4:07	11	7:51	20	8:40	36.20	3:04:59	5:06	74	51:03	102	51:03
Neuhaus	16.00	1:15:23	4:42	27	16:06	29	16:06	52.20	4:20:22	4:59	47	1:06:35	64	1:06:35
Masserberg	17.30	1:38:33	5:41	109	33:49	157	33:49	69.50	5:58:55	5:09	66	1:38:38	86	1:38:38
Allzunah	17.90	1:27:43	4:54	32	19:37	42	19:43	87.40	7:26:38	5:06	51	1:55:39	65	1:55:39
Grenzadler	20.00	1:43:00	5:09	86	30:53	132	30:53	107.40	9:09:38	5:07	53	2:26:32	68	2:26:32
Neue Ausspanne	13.70	57:29	4:11	11	8:03	13	8:03	121.10	10:07:07	5:00	46	2:34:35	58	2:34:35
Kleiner Inselsber	13.90	1:07:18	4:50	34	18:25	42	18:25	135.00	11:14:25	4:59	37	2:51:28	47	2:51:28
Hohe Sonne	18.90	1:36:13	5:05	75	24:35	105	26:41	153.90	12:50:38	5:00	39	3:15:56	50	3:15:56
Hörschel	15.00	1:05:50	4:23	21	15:32	22	15:32	168.90	13:56:28	4:57	38	3:25:43	48	3:25:43