



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Wasserturmexpress

Total time: 14:06:21

Number: 135

Speed: 11.91 km/h

Running performance: 5:01 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 52 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 42(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:48:13	6:08	139	44:45	213	44:45	17.60	1:48:13	6:08	139	44:45	213	44:45
Schildwiese	18.60	1:37:22	5:14	105	28:29	146	29:18	36.20	3:25:35	5:40	132	1:11:39	189	1:11:39
Neuhaus	16.00	1:09:04	4:18	10	9:47	11	9:47	52.20	4:34:39	5:15	80	1:20:52	107	1:20:52
Masserberg	17.30	1:19:47	4:36	23	15:03	29	15:03	69.50	5:54:26	5:05	55	1:34:09	72	1:34:09
Allzunah	17.90	1:33:34	5:13	63	25:28	80	25:34	87.40	7:28:00	5:07	56	1:57:01	71	1:57:01
Grenzadler	20.00	1:25:10	4:15	19	13:03	27	13:03	107.40	8:53:10	4:57	40	2:10:04	50	2:10:04
Neue Ausspanne	13.70	1:02:32	4:33	26	13:06	31	13:06	121.10	9:55:42	4:55	34	2:23:10	42	2:23:10
Kleiner Inselsber	13.90	1:14:11	5:20	62	25:18	83	25:18	135.00	11:09:53	4:57	35	2:46:56	44	2:46:56
Hohe Sonne	18.90	1:44:17	5:31	103	32:39	152	34:45	153.90	12:54:10	5:01	41	3:19:28	52	3:19:28
Hörschel	15.00	1:12:11	4:48	52	21:53	63	21:53	168.90	14:06:21	5:00	42	3:35:36	52	3:35:36