



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

dieLENGENFELDer

Number: 59

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:12:26

Speed: 11.82 km/h

Running performance: 5:03 min/km

Rank in course: 59 (of 230)

Best time in course: 10:30:45

Rank in category: 48(of 143)

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:48	5:09	70	27:20	103	27:20	17.60	1:30:48	5:09	70	27:20	103	27:20
Schildwiese	18.60	1:28:51	4:46	46	19:58	67	20:47	36.20	2:59:39	4:57	51	45:43	73	45:43
Neuhaus	16.00	1:34:22	5:53	121	35:05	169	35:05	52.20	4:34:01	5:14	76	1:20:14	103	1:20:14
Masserberg	17.30	1:21:37	4:43	29	16:53	39	16:53	69.50	5:55:38	5:07	59	1:35:21	77	1:35:21
Allzunah	17.90	1:41:02	5:38	106	32:56	143	33:02	87.40	7:36:40	5:13	69	2:05:41	87	2:05:41
Grenzadler	20.00	1:45:57	5:17	95	33:50	147	33:50	107.40	9:22:37	5:14	73	2:39:31	94	2:39:31
Neue Ausspanne	13.70	1:10:41	5:09	64	21:15	79	21:15	121.10	10:33:18	5:13	70	3:00:46	86	3:00:46
Kleiner Inselsber	13.90	1:10:29	5:04	49	21:36	60	21:36	135.00	11:43:47	5:12	64	3:20:50	81	3:20:50
Hohe Sonne	18.90	1:24:22	4:27	19	12:44	28	14:50	153.90	13:08:09	5:07	55	3:33:27	70	3:33:27
Hörschel	15.00	1:04:17	4:17	13	13:59	14	13:59	168.90	14:12:26	5:02	48	3:41:41	59	3:41:41