



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Kenias letzte Reserve

Total time: 14:11:04

Number: 76

Speed: 11.84 km/h

Running performance: 5:02 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 57 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 46(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:20:03	4:32	22	16:35	33	16:35	17.60	1:20:03	4:32	22	16:35	33	16:35
Schildwiese	18.60	1:25:33	4:35	32	16:40	50	17:29	36.20	2:45:36	4:34	18	31:40	30	31:40
Neuhaus	16.00	1:16:17	4:46	31	17:00	36	17:00	52.20	4:01:53	4:38	17	48:06	24	48:06
Masserberg	17.30	1:34:22	5:27	93	29:38	131	29:38	69.50	5:36:15	4:50	31	1:15:58	42	1:15:58
Allzunah	17.90	1:35:37	5:20	73	27:31	96	27:37	87.40	7:11:52	4:56	35	1:40:53	44	1:40:53
Grenzdler	20.00	1:34:50	4:44	48	22:43	73	22:43	107.40	8:46:42	4:54	34	2:03:36	43	2:03:36
Neue Ausspanne	13.70	1:11:28	5:12	66	22:02	82	22:02	121.10	9:58:10	4:56	37	2:25:38	45	2:25:38
Kleiner Inselsber	13.90	1:26:53	6:15	125	38:00	194	38:00	135.00	11:25:03	5:04	48	3:02:06	60	3:02:06
Hohe Sonne	18.90	1:35:51	5:04	74	24:13	102	26:19	153.90	13:00:54	5:04	49	3:26:12	62	3:26:12
Hörschel	15.00	1:10:10	4:40	41	19:52	46	19:52	168.90	14:11:04	5:02	46	3:40:19	57	3:40:19