



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Thüringer Zahnärzte

Number: 28

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:13:51

Speed: 11.81 km/h
Running performance: 5:04 min/km

Rank in course: 60 (of 230)
Best time in course: 10:30:45

Rank in category: 49(of 143)
Best time in the category: 10:30:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:13:38	4:11	7	10:10	11	10:10	17.60	1:13:38	4:11	7	10:10	11	10:10
Schildwiese	18.60	1:31:40	4:55	64	22:47	93	23:36	36.20	2:45:18	4:33	17	31:22	29	31:22
Neuhaus	16.00	1:25:14	5:19	81	25:57	96	25:57	52.20	4:10:32	4:47	34	56:45	47	56:45
Masserberg	17.30	1:29:00	5:08	74	24:16	102	24:16	69.50	5:39:32	4:53	37	1:19:15	49	1:19:15
Allzunah	17.90	1:33:36	5:13	65	25:30	82	25:36	87.40	7:13:08	4:57	37	1:42:09	46	1:42:09
Grenzadler	20.00	1:40:08	5:00	75	28:01	116	28:01	107.40	8:53:16	4:57	41	2:10:10	51	2:10:10
Neue Ausspanne	13.70	1:13:01	5:19	77	23:35	96	23:35	121.10	10:06:17	5:00	45	2:33:45	57	2:33:45
Kleiner Inselsber	13.90	1:16:47	5:31	82	27:54	112	27:54	135.00	11:23:04	5:03	46	3:00:07	57	3:00:07
Hohe Sonne	18.90	1:33:50	4:57	64	22:12	89	24:18	153.90	12:56:54	5:02	42	3:22:12	53	3:22:12
Hörschel	15.00	1:16:57	5:07	71	26:39	89	26:39	168.90	14:13:51	5:03	49	3:43:06	60	3:43:06