



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

HainichPowerMix

Total time: 15:17:49

Number: 173

Speed: 10.98 km/h

Running performance: 5:26 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 123 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 21(of 75)

Mixstaffel

Best time in the category: 11:40:09

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:45:08	5:58	62	34:30	201	41:40	17.60	1:45:08	5:58	62	34:30	231	41:40
Schildwiese	18.60	1:44:06	5:35	53	36:02	184	36:02	36.20	3:29:14	5:46	59	1:07:30	231	1:15:18
Neuhaus	16.00	1:32:41	5:47	36	24:50	155	33:24	52.20	5:01:55	5:47	56	1:20:54	231	1:48:08
Masserberg	17.30	1:30:10	5:12	28	19:43	112	25:26	69.50	6:32:05	5:38	37	1:40:37	231	2:11:48
Allzunah	17.90	1:55:26	6:26	59	47:26	201	47:26	87.40	8:27:31	5:48	53	2:20:16	231	2:56:32
Grenzadler	20.00	1:50:45	5:32	58	36:26	175	38:38	107.40	10:18:16	5:45	54	2:56:42	231	3:35:10
Neue Ausspanne	13.70	1:06:48	4:52	7	11:35	55	17:22	121.10	11:25:04	5:39	41	3:01:37	231	3:52:32
Kleiner Inselsber	13.90	59:54	4:18	3	5:02	13	11:01	135.00	12:24:58	5:31	28	3:01:19	231	4:02:01
Hohe Sonne	18.90	1:32:15	4:52	17	22:43	76	22:43	153.90	13:57:13	5:26	22	3:20:20	230	4:22:31
Hörschel	15.00	1:20:36	5:22	24	17:20	118	30:18	168.90	15:17:49	5:26	21	3:37:40	123	4:47:04