



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

## Detailed evaluation

Die himmelblauen Gazellen

Total time: 11:35:07

Number: 126

Speed: 14.50 km/h

Running performance: 4:07 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 5 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 5(of 143)

Männerstaffel

Best time in the category: 10:30:45

| Intermediate times |          |            |              |          | Stage score |           |              |          | Total ranking |              |          |             |           |              |
|--------------------|----------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.60    | 1:14:16    | 4:13         | 8        | 10:48       | 12        | 10:48        | 17.60    | 1:14:16       | 4:13         | 8        | 10:48       | 12        | 10:48        |
| Schildwiese        | 18.60    | 1:15:18    | 4:02         | 8        | 6:25        | 13        | 7:14         | 36.20    | 2:29:34       | 4:07         | 6        | 15:38       | 11        | 15:38        |
| Neuhaus            | 16.00    | 1:09:17    | 4:19         | 11       | 10:00       | 12        | 10:00        | 52.20    | 3:38:51       | 4:11         | 7        | 25:04       | 7         | 25:04        |
| Masserberg         | 17.30    | 1:10:34    | 4:04         | 10       | 5:50        | 11        | 5:50         | 69.50    | 4:49:25       | 4:09         | 6        | 29:08       | 6         | 29:08        |
| Allzunah           | 17.90    | 1:10:21    | 3:55         | 2        | 2:15        | 3         | 2:21         | 87.40    | 5:59:46       | 4:06         | 5        | 28:47       | 5         | 28:47        |
| Grenzadler         | 20.00    | 1:16:11    | 3:48         | 4        | 4:04        | 5         | 4:04         | 107.40   | 7:15:57       | 4:03         | 5        | 32:51       | 5         | 32:51        |
| Neue Ausspanne     | 13.70    | 54:43      | 3:59         | 7        | 5:17        | 7         | 5:17         | 121.10   | 8:10:40       | 4:03         | 5        | 38:08       | 5         | 38:08        |
| Kleiner Inselsber  | 13.90    | 1:04:12    | 4:37         | 25       | 15:19       | 32        | 15:19        | 135.00   | 9:14:52       | 4:06         | 5        | 51:55       | 5         | 51:55        |
| Hohe Sonne         | 18.90    | 1:23:54    | 4:26         | 18       | 12:16       | 27        | 14:22        | 153.90   | 10:38:46      | 4:09         | 5        | 1:04:04     | 6         | 1:04:04      |
| Hörschel           | 15.00    | 56:21      | 3:45         | 4        | 6:03        | 4         | 6:03         | 168.90   | 11:35:07      | 4:06         | 5        | 1:04:22     | 5         | 1:04:22      |