



18. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

LG Frauenwald

Total time: 14:30:08

Number: 39

Speed: 11.58 km/h

Running performance: 5:09 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 73 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 58(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:31:56	5:13	77	28:28	113	28:28	17.60	1:31:56	5:13	77	28:28	113	28:28
Schildwiese	18.60	1:31:30	4:55	63	22:37	92	23:26	36.20	3:03:26	5:04	69	49:30	97	49:30
Neuhaus	16.00	1:32:16	5:46	112	32:59	152	32:59	52.20	4:35:42	5:16	83	1:21:55	110	1:21:55
Masserberg	17.30	1:26:14	4:59	56	21:30	75	21:30	69.50	6:01:56	5:12	75	1:41:39	96	1:41:39
Allzunah	17.90	1:36:04	5:22	78	27:58	102	28:04	87.40	7:38:00	5:14	70	2:07:01	88	2:07:01
Grenzadler	20.00	1:44:56	5:14	93	32:49	142	32:49	107.40	9:22:56	5:14	75	2:39:50	96	2:39:50
Neue Ausspanne	13.70	1:07:55	4:57	53	18:29	65	18:29	121.10	10:30:51	5:12	66	2:58:19	82	2:58:19
Kleiner Inselsber	13.90	1:24:17	6:03	121	35:24	178	35:24	135.00	11:55:08	5:17	73	3:32:11	92	3:32:11
Hohe Sonne	18.90	1:21:23	4:18	12	9:45	19	11:51	153.90	13:16:31	5:10	61	3:41:49	77	3:41:49
Hörschel	15.00	1:13:37	4:54	59	23:19	73	23:19	168.90	14:30:08	5:09	58	3:59:23	73	3:59:23