



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

Schmittfäll

Total time: 14:31:29

Number: 38

Speed: 11.57 km/h

Running performance: 5:10 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 74 (of 230)

Best time in course: 10:30:45

Category:

Rank in category: 59(of 143)

Männerstaffel

Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:31:06	5:10	73	27:38	106	27:38	17.60	1:31:06	5:10	73	27:38	106	27:38
Schildwiese	18.60	1:30:32	4:52	57	21:39	83	22:28	36.20	3:01:38	5:01	58	47:42	83	47:42
Neuhaus	16.00	1:18:25	4:54	43	19:08	49	19:08	52.20	4:20:03	4:58	45	1:06:16	62	1:06:16
Masserberg	17.30	1:20:53	4:40	27	16:09	34	16:09	69.50	5:40:56	4:54	40	1:20:39	52	1:20:39
Allzunah	17.90	1:33:38	5:13	66	25:32	83	25:38	87.40	7:14:34	4:58	38	1:43:35	47	1:43:35
Grenzadler	20.00	1:28:03	4:24	24	15:56	34	15:56	107.40	8:42:37	4:51	32	1:59:31	40	1:59:31
Neue Ausspanne	13.70	1:07:47	4:56	51	18:21	62	18:21	121.10	9:50:24	4:52	31	2:17:52	39	2:17:52
Kleiner Inselsber	13.90	1:30:15	6:29	133	41:22	209	41:22	135.00	11:20:39	5:02	44	2:57:42	55	2:57:42
Hohe Sonne	18.90	1:48:45	5:45	121	37:07	180	39:13	153.90	13:09:24	5:07	56	3:34:42	71	3:34:42
Hörschel	15.00	1:22:05	5:28	99	31:47	132	31:47	168.90	14:31:29	5:09	59	4:00:44	74	4:00:44