



18. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2016

Detailed evaluation

N3 Sportverein e.V.

Number: 32

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 14:31:30

Speed: 11.57 km/h  
Running performance: 5:10 min/km

Rank in course: 75 (of 230)  
Best time in course: 10:30:45

Rank in category: 60(of 143)  
Best time in the category: 10:30:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:06	5:07	66	26:38	98	26:38	17.60	1:30:06	5:07	66	26:38	98	26:38
Schildwiese	18.60	1:25:48	4:36	34	16:55	53	17:44	36.20	2:55:54	4:51	40	41:58	62	41:58
Neuhaus	16.00	1:18:48	4:55	45	19:31	51	19:31	52.20	4:14:42	4:52	39	1:00:55	52	1:00:55
Masserberg	17.30	1:40:03	5:46	114	35:19	164	35:19	69.50	5:54:45	5:06	56	1:34:28	73	1:34:28
Allzunah	17.90	1:39:57	5:35	100	31:51	132	31:57	87.40	7:34:42	5:12	66	2:03:43	82	2:03:43
Grenzadler	20.00	1:32:34	4:37	39	20:27	58	20:27	107.40	9:07:16	5:05	52	2:24:10	67	2:24:10
Neue Ausspanne	13.70	1:17:56	5:41	100	28:30	138	28:30	121.10	10:25:12	5:09	62	2:52:40	78	2:52:40
Kleiner Inselsber	13.90	1:17:59	5:36	90	29:06	126	29:06	135.00	11:43:11	5:12	63	3:20:14	80	3:20:14
Hohe Sonne	18.90	1:30:36	4:47	53	18:58	68	21:04	153.90	13:13:47	5:09	59	3:39:05	74	3:39:05
Hörschel	15.00	1:17:43	5:10	77	27:25	98	27:25	168.90	14:31:30	5:09	60	4:00:45	75	4:00:45