



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Thurm, Ingo

Club: sc impuls erfurt

Number: 87

Course: 13.00 km

13-km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 52:47

Speed: 14.78 km/h

Running performance: 4:04 min/km

Rank in course/Total: 4 (of 117)

Rank in course/Men: 4 (of 89)

Best time in course: 51:34

Rank in category: 1(of 13)

Best time in the category: 52:47