



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Spiegel, Stefan**

Club: Rhöner WSV

Number: 399

Course: 27.00 km

27km MTB

Category:

Senioren 2 (ab 41 Jahre)

Total time: 1:03:30

Speed: 25.51 km/h

Running performance: 2:21 min/km

Rank in course/Total: 7 (of 28)

Rank in course/Men: 7 (of 23)

Best time in course: 51:26

Rank in category: 3(of 10)

Best time in the category: 56:56