



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Grüning, Peter

Club: sc impuls erfurt

Number: 137

Course: 13.00 km

13-km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 57:58

Speed: 13.46 km/h

Running performance: 4:28 min/km

Rank in course/Total: 11 (of 117)

Rank in course/Men: 11 (of 89)

Best time in course: 51:34

Rank in category: 1(of 8)

Best time in the category: 57:58