



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Selig, Hannes

Club: sc impuls erfurt

Number: 84

Course: 13.00 km

13-km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:00:52

Speed: 12.81 km/h

Running performance: 4:41 min/km

Rank in course/Total: 21 (of 117)

Rank in course/Men: 20 (of 89)

Best time in course: 51:34

Rank in category: 5(of 13)

Best time in the category: 57:05