



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Bettführ, Hendrik**

Club: Gotha  
Number: 223

Course: 13.00 km  
13-km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:03:58

Speed: 12.19 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 28 (of 117)

Rank in course/Men: 27 (of 89)

Best time in course: 51:34

Rank in category: 6(of 13)

Best time in the category: 57:05