



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Kopprasch, Jens

Club: SRLV

Number: 208

Course: 13.00 km

13-km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:05:07

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 35 (of 117)

Rank in course/Men: 34 (of 89)

Best time in course: 51:34

Rank in category: 3(of 9)

Best time in the category: 1:01:15