



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Grimm, Holger**

Club: SV Normannia Treffurt

Number: 221

Course: 13.00 km

13-km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:06:42

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 39 (of 117)

Rank in course/Men: 38 (of 89)

Best time in course: 51:34

Rank in category: 7(of 13)

Best time in the category: 52:47