



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Kurtz, Ralf**

Club: Erfurt  
Number: 200

Course: 13.00 km  
13-km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:07:14

Speed: 11.60 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 41 (of 117)

Rank in course/Men: 40 (of 89)

Best time in course: 51:34

Rank in category: 6(of 14)

Best time in the category: 56:41