



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Kühnpast, Frank**

Club: Saalfelder LV

Number: 52

Course: 13.00 km

13-km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:09:44

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 48 (of 117)

Rank in course/Men: 46 (of 89)

Best time in course: 51:34

Rank in category: 8(of 14)

Best time in the category: 56:41