



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Sonnet, Mario**

Club: Connected Runners Weimar

Number: 112

Course: 13.00 km

13-km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:09:49

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 49 (of 117)

Rank in course/Men: 47 (of 89)

Best time in course: 51:34

Rank in category: 5(of 11)

Best time in the category: 53:02