



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Simon, Holger**

Club: Schmalkalden

Number: 85

Course: 13.00 km

13-km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:11:02

Speed: 10.98 km/h

Running performance: 5:28 min/km

Rank in course/Total: 53 (of 117)

Rank in course/Men: 50 (of 89)

Best time in course: 51:34

Rank in category: 10(of 13)

Best time in the category: 57:05