



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Lesser, Holger

Club: Erfurt

Number: 55

Course: 13.00 km

13-km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:17:10

Speed: 10.11 km/h

Running performance: 5:56 min/km

Rank in course/Total: 79 (of 117)

Rank in course/Men: 69 (of 89)

Best time in course: 51:34

Rank in category: 5(of 8)

Best time in the category: 57:58