



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Rothkegel, Ilona

Club: Erfurt

Number: 75

Course: 13.00 km

13-km Lauf

Category:

Seniorinnen W70 (70-74 Jahre)

Total time: 1:20:23

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 89 (of 117)

Rank in course/Women: 15 (of 28)

Best time in course: 1:00:41

Rank in category: 1(of 1)

Best time in the category: 1:20:23