



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Laß, Matthias**

Club: Connected Runners Weimar

Number: 108

Course: 13.00 km

13-km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:21:30

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 93 (of 117)

Rank in course/Men: 77 (of 89)

Best time in course: 51:34

Rank in category: 11(of 13)

Best time in the category: 52:47