



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau

Number: 18

Course: 13.00 km

13-km Lauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:25:19

Speed: 9.14 km/h

Running performance: 6:34 min/km

Rank in course/Total: 100 (of 117)

Rank in course/Men: 80 (of 89)

Best time in course: 51:34

Rank in category: 2(of 2)

Best time in the category: 1:14:36