



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Kirchner, Manuela

Club: Erfurt

Number: 46

Course: 13.00 km

13-km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:28:21

Speed: 8.83 km/h

Running performance: 6:48 min/km

Rank in course/Total: 105 (of 117)

Rank in course/Women: 24 (of 28)

Best time in course: 1:00:41

Rank in category: 5(of 5)

Best time in the category: 1:11:40