



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Berner, Roland

Club: LG Bad Frankenhausen / Göllingen

Number: 201

Course: 13.00 km

13-km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:37:17

Speed: 8.02 km/h

Running performance: 7:29 min/km

Rank in course/Total: 110 (of 117)

Rank in course/Men: 86 (of 89)

Best time in course: 51:34

Rank in category: 8(of 8)

Best time in the category: 57:58