



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen/Göllingen
Number: 186

Course: 13.00 km
13-km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:37:18

Speed: 8.02 km/h

Running performance: 7:29 min/km

Rank in course/Total: 111 (of 117)

Rank in course/Men: 87 (of 89)

Best time in course: 51:34

Rank in category: 14(of 14)

Best time in the category: 56:41