



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Koske, Christian

Club: Weimar

Number: 48

Course: 13.00 km

13-km Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:39:14

Speed: 7.86 km/h

Running performance: 7:38 min/km

Rank in course/Total: 112 (of 117)

Rank in course/Men: 88 (of 89)

Best time in course: 51:34

Rank in category: 6(of 7)

Best time in the category: 1:13:06