



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Karus, Heiko**

Club: RFV DIE LÖWEN Weimar

Number: 373

Course: 54.00 km

54km MTB

Category:

Senioren 3 (ab 51 Jahre)

Total time: 2:18:31

Speed: 23.39 km/h

Running performance: 2:34 min/km

Rank in course/Total: 17 (of 35)

Rank in course/Men: 16 (of 33)

Best time in course: 1:41:46

Rank in category: 2(of 5)

Best time in the category: 2:08:14