



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Spaleck, TIM**

Club: ELAC

Number: 195

Course: 6.00 km

6000 Meter Lauf

Category:

Männlich Jedermann

Total time: 24:30

Speed: 14.69 km/h

Running performance: 4:05 min/km

Rank in course/Total: 2 (of 19)

Rank in course/Men: 2 (of 12)

Best time in course: 24:19

Rank in category: 2(of 12)

Best time in the category: 24:19