



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Wintruff, Jan**

Club: FFW Hausen e.v.

Number: 176

Course: 6.00 km

6000 Meter Lauf

Category:

Männlich Jedermann

Total time: 29:08

Speed: 12.36 km/h

Running performance: 4:52 min/km

Rank in course/Total: 7 (of 19)

Rank in course/Men: 7 (of 12)

Best time in course: 24:19

Rank in category: 7(of 12)

Best time in the category: 24:19