



# 1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

## Detailed evaluation

**Lange, Uwe**

Club: Paitzdorf

Number: 53

Course: 6.00 km

6000 Meter Lauf

Category:

Männlich Jedermann

Total time: 47:19

Speed: 7.61 km/h

Running performance: 7:53 min/km

Rank in course/Total: 17 (of 19)

Rank in course/Men: 12 (of 12)

Best time in course: 24:19

Rank in category: 12(of 12)

Best time in the category: 24:19