



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Guder, Torsten

Club: Hofgeismar
Number: 368

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:47:47

Speed: 11.69 km/h

Rank in course/Total: 20 (of 107)

Rank in course/Men: 18 (of 79)

Best time in course: 1:20:45

Rank in category: 3(of 13)

Best time in the category: 1:40:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	10.60	53:19	11.25	3	4:23	14	13:06	10.60	53:19	11.25	3	4:23	14	13:06
Last lap Inselhall	10.50	54:28	11.02	3	4:36	21	13:56	21.10	1:47:47	11.69	3	7:42	18	27:02