



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Kowaloff, Mike

Club: MSV Tripoint Ffo. e.V.
Number: 394

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:47:51

Speed: 11.74 km/h

Rank in course/Total: 21 (of 107)

Rank in course/Men: 19 (of 79)

Best time in course: 1:20:45

Rank in category: 3(of 12)

Best time in the category: 1:41:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	54:51	11.60	3	5:01	20	14:38	10.60	54:51	11.60	3	5:01	20	14:38
Last lap Inselhall	10.50	53:00	11.89	2	1:26	17	12:28	21.10	1:47:51	11.74	3	6:27	19	27:06