



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Sandke, Bernd

Club: Eisenhüttenstadt
Number: 309

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:55:59

Speed: 10.86 km/h

Rank in course/Total: 37 (of 107)

Rank in course/Men: 32 (of 79)

Best time in course: 1:20:45

Rank in category: 4(of 12)

Best time in the category: 1:41:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	55:57	10.72	4	6:07	26	15:44	10.60	55:57	10.72	4	6:07	26	15:44
Last lap Inselhall	10.50	1:00:02	9.99	6	8:28	42	19:30	21.10	1:55:59	10.86	4	14:35	32	35:14