



10. Schlaubetalmarathon  
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Ghamsharicu, Emal

Club: Schrittmacher Kreuzberg  
Number: 421

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:04:00

Speed: 10.16 km/h

Rank in course/Total: 52 (of 107)

Rank in course/Men: 43 (of 79)

Best time in course: 1:20:45

Rank in category: 6(of 8)

Best time in the category: 1:27:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	10.60	59:26	10.10	5	14:26	38	19:13	10.60	59:26	10.10	5	14:26	38	19:13
Last lap Inselhall	10.50	1:04:34	9.29	6	22:15	47	24:02	21.10	2:04:00	10.16	6	36:41	43	43:15