



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Koch, Dirk

Club: BSG Pneumant Fürstenwalde
Number: 404

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:04:58

Speed: 10.08 km/h

Rank in course/Total: 54 (of 107)

Rank in course/Men: 45 (of 79)

Best time in course: 1:20:45

Rank in category: 7(of 13)

Best time in the category: 1:40:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	10.60	59:46	10.04	7	10:50	41	19:33	10.60	59:46	10.04	7	10:50	41	19:33
Last lap Inselhall	10.50	1:05:12	9.20	8	15:20	50	24:40	21.10	2:04:58	10.08	7	24:53	45	44:13