



10. Schlaubetalmarathon  
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

**Köthe, Rainer**

Club: Frankfurt (Oder)  
Number: 303

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M65 (65-69 Jahre)

Total time: 2:15:05

Speed: 9.33 km/h

Rank in course/Total: 70 (of 107)

Rank in course/Men: 56 (of 79)

Best time in course: 1:20:45

Rank in category: 2(of 3)

Best time in the category: 2:10:09

| Intermediate times |          |            |            | Stage score |             |         |            | Total ranking |            |            |          |             |         |            |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split km/h | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 10.60    | 1:06:59    | 8.96       | 2           | 1:50        | 59      | 26:46      | 10.60         | 1:06:59    | 8.96       | 2        | 1:50        | 59      | 26:46      |
| Last lap Inselhall | 10.50    | 1:08:06    | 8.81       | 3           | 3:06        | 57      | 27:34      | 21.10         | 2:15:05    | 9.33       | 2        | 4:56        | 56      | 54:20      |