



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Köthe, Rainer

Club: Frankfurt (Oder)
Number: 303

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:15:05

Speed: 9.37 km/h

Rank in course/Total: 70 (of 107)

Rank in course/Men: 56 (of 79)

Best time in course: 1:20:45

Rank in category: 2(of 3)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:06:59	9.49	2	1:50	59	26:46	10.60	1:06:59	9.49	2	1:50	59	26:46
Last lap Inselhall	10.50	1:08:06	9.25	3	3:06	57	27:34	21.10	2:15:05	9.37	2	4:56	56	54:20