



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Ebert-Herzog, Frank

Club: SGW SKALAWARA
Number: 343

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:27:02

Speed: 8.61 km/h

Rank in course/Total: 97 (of 107)

Rank in course/Men: 72 (of 79)

Best time in course: 1:20:45

Rank in category: 13(of 13)

Best time in the category: 1:40:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:10:48	8.98	13	21:52	73	30:35	10.60	1:10:48	8.98	13	21:52	73	30:35
Last lap Inselhall	10.50	1:16:14	8.26	13	26:22	72	35:42	21.10	2:27:02	8.61	13	46:57	72	1:06:17