



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Sasse, Nicole

Club: Rangsdorf
Number: 619

Course: 43.00 km
Schlaubetal-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 4:07:32

Speed: 10.42 km/h

Rank in course/Total: 54 (of 132)

Rank in course/Women: 5 (of 27)

Best time in course: 3:35:23

Rank in category: 2(of 5)

Best time in the category: 3:41:10

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Total		
	km	Time			km/h	Cat.		Cat.	Women			Women	km	Time
Lap 1	11.60	1:04:36	10.22	3	6:10	11	9:45	11.60	1:04:36	10.22	3	6:10	11	9:45
Lap 2	9.90	1:00:32	8.92	2	6:59	8	10:32	21.50	2:05:08	10.07	2	13:09	8	20:17
Lap 3	11.10	1:07:14	9.82	2	7:39	5	8:27	32.60	3:12:22	9.98	3	2:01:28	7	2:01:28
Last lap Inselhall	10.40	55:10	10.88	2	5:34	5	5:34	43.00	4:07:32	10.42	3	1:38:53	7	3:14:45