



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Fritzschner, Helge

Club: Laufftreff Breitungen
Number: 662

Course: 43.00 km
Schlaubetal-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:09:22

Speed: 10.35 km/h

Rank in course/Total: 58 (of 132)

Rank in course/Men: 53 (of 105)

Best time in course: 2:59:41

Rank in category: 13(of 21)

Best time in the category: 2:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:03:54	10.33	12	18:29	62	18:29	11.60	1:03:54	10.33	12	18:29	62	18:29
Lap 2	9.90	57:53	9.33	11	15:39	53	15:39	21.50	2:01:47	10.35	11	34:08	56	34:08
Lap 3	11.10	1:05:03	10.15	9	15:28	36	15:28	32.60	3:06:50	10.28	11	49:36	50	49:36
Last lap Inselhall	10.40	1:02:32	9.59	14	20:05	62	20:05	43.00	4:09:22	10.35	13	1:09:41	53	1:09:41