



10. Schlaubetalmarathon
Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Gerbens, Franz-Josef

Club: Maschsee-Sharks Hannover
Number: 628

Course: 43.00 km
Schlaubetal-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:11:43

Speed: 10.25 km/h

Rank in course/Total: 63 (of 132)

Rank in course/Men: 57 (of 105)

Best time in course: 2:59:41

Rank in category: 10(of 17)

Best time in the category: 3:18:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	57:58	11.39	7	7:10	33	12:33	11.60	57:58	11.39	7	7:10	33	12:33
Lap 2	9.90	56:46	9.51	10	10:10	50	14:32	21.50	1:54:44	10.98	8	17:20	42	27:05
Lap 3	11.10	1:10:27	9.37	10	16:32	64	20:52	32.60	3:05:11	10.37	10	32:35	47	47:57
Last lap Inselhall	10.40	1:06:32	9.02	14	22:01	75	24:05	43.00	4:11:43	10.25	10	53:28	57	1:12:02