



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Cornelisen, Frithjof

Club: Hennickendorf

Number: 651

Course: 43.00 km

Schlaubetal-Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:15:33

Speed: 10.10 km/h

Rank in course/Total: 69 (of 132)

Rank in course/Men: 62 (of 105)

Best time in course: 2:59:41

Rank in category: 6(of 10)

Best time in the category: 3:33:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	57:44	11.43	3	2:43	29	12:19	11.60	57:44	11.43	3	2:43	29	12:19
Lap 2	9.90	53:23	10.12	3	3:39	31	11:09	21.50	1:51:07	11.34	3	6:22	28	23:28
Lap 3	11.10	1:11:39	9.21	7	14:52	66	22:04	32.60	3:02:46	10.51	4	21:14	42	45:32
Last lap Inselhall	10.40	1:12:47	8.24	9	20:34	90	30:20	43.00	4:15:33	10.10	6	41:48	62	1:15:52