



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Demuth, Sven-Ake

Club: Eisenhüttenstadt
Number: 626

Course: 43.00 km
Schlaubetal-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:16:52

Speed: 10.04 km/h

Rank in course/Total: 74 (of 132)

Rank in course/Men: 66 (of 105)

Best time in course: 2:59:41

Rank in category: 8(of 10)

Best time in the category: 3:33:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:04:25	10.25	7	9:24	66	19:00	11.60	1:04:25	10.25	7	9:24	66	19:00
Lap 2	9.90	59:33	9.07	7	9:49	68	17:19	21.50	2:03:58	10.16	7	19:13	65	36:19
Lap 3	11.10	1:10:55	9.31	6	14:08	65	21:20	32.60	3:14:53	9.85	7	33:21	63	57:39
Last lap Inselhall	10.40	1:01:59	9.68	7	9:46	61	19:32	43.00	4:16:52	10.04	8	43:07	66	1:17:11