



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Gerstäcker, Toralf

Club: LG Mauerweg Berlin e.V.
Number: 615

Course: 43.00 km
Schlaubetal-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:29:09

Speed: 9.59 km/h

Rank in course/Total: 90 (of 132)

Rank in course/Men: 78 (of 105)

Best time in course: 2:59:41

Rank in category: 16(of 21)

Best time in the category: 2:59:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:10:40	9.34	18	25:15	88	25:15	11.60	1:10:40	9.34	18	25:15	88	25:15
Lap 2	9.90	1:04:10	8.42	18	21:56	87	21:56	21.50	2:14:50	9.34	18	47:11	89	47:11
Lap 3	11.10	1:13:11	9.02	16	23:36	71	23:36	32.60	3:28:01	9.23	16	1:10:47	83	1:10:47
Last lap Inselhall	10.40	1:01:08	9.81	13	18:41	58	18:41	43.00	4:29:09	9.59	16	1:29:28	78	1:29:28