



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

Detailed evaluation

Pakalski, Norbert

Club: BSG 'Pneumant' Fürstenwalde
Number: 735

Course: 43.00 km
Schlaubetal-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:36:33

Speed: 9.33 km/h

Rank in course/Total: 97 (of 132)

Rank in course/Men: 84 (of 105)

Best time in course: 2:59:41

Rank in category: 16(of 17)

Best time in the category: 3:18:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:06:46	9.89	13	15:58	77	21:21	11.60	1:06:46	9.89	13	15:58	77	21:21
Lap 2	9.90	1:03:48	8.46	16	17:12	85	21:34	21.50	2:10:34	9.65	15	33:10	82	42:55
Lap 3	11.10	1:21:07	8.14	17	27:12	87	31:32	32.60	3:31:41	9.07	16	59:05	85	1:14:27
Last lap Inselhall	10.40	1:04:52	9.25	10	20:21	70	22:25	43.00	4:36:33	9.33	16	1:18:18	84	1:36:52