



14. Schneekopflauf
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Keiderling, Benjamin

Club: MEDLETIK Sports Team
Number: 14

Course: 12.70 km
Schneekopflauf

Category:
Männer (20-29 Jahre)

Total time: 1:01:28

Speed: 12.40 km/h
Running performance: 4:50 min/km

Rank in course/Total: 28 (of 267)

Rank in course/Men: 27 (of 219)

Best time in course: 47:54

Rank in category: 8(of 28)

Best time in the category: 47:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:11	3:58	6	0:33	27	0:33	0.80	3:11	3:58	6	0:33	27	0:33
oberhalb Alte Trä	5.50	27:10	4:56	6	6:05	20	6:05	6.30	30:21	4:49	6	6:38	21	6:38
Finish	6.40	31:07	4:51	9	6:56	26	6:56	12.70	1:01:28	4:50	8	13:34	27	13:34