



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Henkel, Tobias

Club: USV Erfurt
Number: 132

Course: 12.70 km
Schneekopflauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 56:41

Speed: 12.70 km/h
Running performance: 4:28 min/km

Rank in course/Total: 10 (of 267)

Rank in course/Men: 10 (of 219)

Best time in course: 47:54

Rank in category: 4(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	2:55	3:38	5	0:07	9	0:17	0.80	2:55	3:38	5	0:07	9	0:17
oberhalb Alte Trä	5.50	25:23	4:36	3	0:55	8	4:18	6.30	28:18	4:29	3	1:02	8	4:35
Finish	6.40	28:23	4:26	3	1:22	8	4:12	12.70	56:41	4:27	4	6:46	10	8:47